



Ottawa Contra Dance

2018-2019 AFTERNOON DANCES for EXPERIENCED DANCERS!

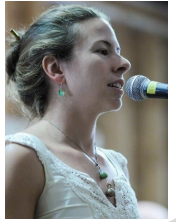
EXCITING NEWS! All of our 2018-2019 afternoon dances are geared towards **EXPERIENCED DANCERS** (i.e., not for relative beginners). If you can comfortably dance at our evening dances, please join us!!!

DANCERS COMING FROM AWAY: All of these dates also have an evening contra, a potluck and sometimes a community dance too! Want billeting? Post on our facebook group a few weeks ahead. (www.facebook.com/groups/ottawacontra/)

December 1 2018: Challenging Contra Dance

Mary Wesley (Vermont) with Maivish (Quebec)

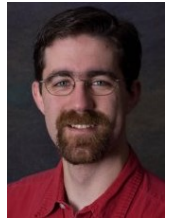
Come have your brain and body challenged with an afternoon session full of advanced dances. This will both stretch your abilities and be VERY fun!



February 2 2019: Waltz Flourishes

Luke Donforth (Vermont) with Maivish (Quebec)

Maivish is back for a second afternoon... this time with divine waltzes! AND Luke will show us intermediate and advanced waltz moves focusing on different holds and flourishes. Learning will be peppered throughout the 2hr session so you can learn and then practice your new moves.



March 2 2019: Contra Flourishes

Alexandra Deis-Lauby (New York) with Joy Compass (Maine)

In this 2hr session, you will learn a number of contra dance flourishes and have a chance to practice them while dancing awesome contras! Alex has many moves in her back pocket and loves teaching them so this should be super fun afternoon.



April 6 2019: SquaresPLUS=Surprise, Fun & Challenge!

Nils Fredland (Vermont) with Cloud Ten (Mass/Vermont)

Expect an awesome afternoon of dancing with friends, to fantastic music, in formations that are rarely seen during a typical evening contra dance. Squares will be the starting point but we will move quickly into partner-less dances, double quadrilles and more. All dances geared for those looking for challenge and fun... Expect big smiles!



May 4 2019: Challenging Contra Dance

Will Mentor (Vermont) with Alex Kehler, Ryan McKasson & Eric McDonald (QC/US)

Come have your brain and body challenged with an afternoon session full of advanced dances. This will both stretch your abilities and be VERY fun!



THE DEETS FOR ALL EVENTS ABOVE:

Time: Dancing 3-5 pm then **POTLUCK** starting at 5:15pm. ALL WELCOME - bring something yummy! There will be a community dance from 6:30-7:30pm (all dates but Dec), beginner lesson at 7:30 and regular contra 8-11pm!

Venue: Churchill Recreation Centre, 345 Richmond Road, Ottawa

Cost (inc HST): \$12 regular & member, \$10 students. Free ages 15 and under.

Afternoon & evening combo (+bonus get into community dance free if there is one that day) \$23 regular, \$20 students & members

More info: www.ottawacontra.ca

Join the discussion: www.facebook.com/groups/ottawacontra