

# Hey Fever! Dance Weekend

## Dance & Workshop Schedule - Nov. 2nd to 4th, 2018

Churchill Recreation Centre, 345 Richmond Road, Ottawa, Ontario

### ~ Friday ~

Time	Session	Band	Caller	Where
7:00 PM - 8:00 PM	<i>Welcome and Registration</i>			
8:00 PM - 9:30 PM	Welcome Contra Dance	Genticorum	Lisa Greenleaf	Main Hall
9:30 PM - 9:45 PM	<i>Break with snack in the Main Hall</i>			
9:45 PM - 11:15 PM	Welcome Contra Dance	Seaglass	Dugan Murphy	Main Hall

### ~ Saturday ~

Time	Session	Band	Caller	Where
10:30 AM - 11:00 AM	Morning Waltzes	Genticorum		Main Hall
11:00 AM - 12:00 PM	Complex/Challenging Contras	Genticorum	Dugan Murphy	Main Hall
12:00 PM - 1:30 PM	<i>Lunch at local restaurants or in the Main Hall (if you bring your own)</i>			
1:30 PM - 3:00 PM	Unusual Progression Contras	Seaglass	Lisa Greenleaf	Main Hall
	Musicians' Open Jam	Ann Downey		Town Hall - upstairs
3:00 PM - 3:30 PM	<i>Break with snack in the Main Hall</i>			
3:30 PM - 5:30 PM	Unexpected Contras	Genticorum	Dugan Murphy	Main Hall
3:30 PM - 5:00 PM	English Country Dance	Seaglass	Lisa Greenleaf	Town Hall - upstairs
5:30 PM - 7:30 PM	<i>Dinner at local restaurants or in the Main Hall (if you bring your own)</i>			
7:30 PM - 9:00 PM	Dress Up Contra Dance, with costume parade at 7:30	Seaglass	Lisa Greenleaf	Main Hall
9:00 PM - 9:15 PM	<i>Break with snack in the Main Hall</i>			
9:15 PM - 11:00 PM	Dress Up Contra Dance	Genticorum	Dugan Murphy	Main Hall

**Note:** The clocks go back on Saturday night so you get an extra hour of rest (or partying!)

### ~ Sunday ~

Time	Session	Band	Caller	Where
10:00 AM - 11:00 AM	Mostly Waltzes	Seaglass		Main Hall
11:00 AM - 12:00 PM	Shadow Contras	Seaglass	Dugan Murphy	Main Hall
12:00 PM - 1:30 PM	<i>Lunch at local restaurants or in the Main Hall (if you bring your own)</i>			
12:15 PM - 1:15 PM	POTD3 Preview: Sunday Lunch Discussion (Option) for Dance Organizers			Main Hall
1:30 PM - 2:30 PM	Go With the Flow Dances	Genticorum	Lisa Greenleaf	Main Hall
2:30 PM - 2:45 PM	<i>Break</i>			
2:45 PM - 3:45 PM	Farewell Contra	Genticorum and Seaglass	Lisa Greenleaf and Dugan Murphy	Main Hall

#### Session descriptions:

Complex/Challenging Contras	Saturday morning challenging contra session.
Unusual Progression Contras	Contras with surprising transitions.
Musicians' Open Jam	All musicians are welcome!
Unexpected Contras	Not necessarily complex, but something unexpected about each one, like an unusual figure or transition.
Dress Up Contra Dance	Come dance dressed up either formal or fun! There will be a costume parade at 7:30 PM.
Shadow Contras	Every dance includes interaction with one or more shadows.
POTD3* Preview: Sunday Lunch Discussion	We'll set aside tables for dance organizers to network and preview POTD3. Bring your own lunch! Led by Dela Murphy. (*Puttin' on the Dance 3: A Conference for Northeast Dance Organizers.)
Go With the Flow Dances	Let's just dance to some great music!

**Note:** This schedule is unlikely to change significantly, except due to unforeseen circumstances

# Restaurant List

The following restaurants are on Richmond Rd and are less than a 7 min walk from the dance hall

Restaurant	Num	Type	Hours	Web
Real Canadian Superstore	190	Grocery store, deli takeout (can get a meal hear to bring to hall)	7am -11pm	
Fiazza Fresh Fired	205	Fresh Pizza	11am-10pm	fiazza.ca
Farm Boy	317 McRae	Grocery with nice takeout meals (can get a meal hear to bring to hall)	8am-9pm	www.farmboy.ca
Whispers Pub	249	Nice pub fare	11am-2am	whisperspubottawa.ca
Oh So Good Desserts & Coffeehouse	261	Their basic equation "Coffee + Cake = Love" - a love of the moments!	9am-11pm	www.ohsogood.ca
Fratelli	275	Lovely pasta and wood fired pizza	11:30am-10pm	www.fratelli.ca
MHK Sushi	283	Sushi and Asian Fusion	lunch/dinner hrs	www.mhksushi.ca
Dunns Delicatessen	285	Deli, smoked meat	8am -8pm	www.dunnswestboro.com
Pietro's Corner	300	Pasta/espresso bar, lunch & dinners	9am -8pm	pietroscorner.com
RAW Pulp + Grind Westboro	307A	Raw foods lunches & healthy drinks	10am-4pm	rawpulpandgrind.com
Trio Wine Bar	307D	Intimate lounge, late night drinks	4:30pm-2am	www.triowestboro.com
Vicoria in the Village	309	Italian restaurant	4:30-9:30pm	www.vittoriatrattoria.com
Chocolaterie Bernard Callebaut	314	Wonderful chocolates and ice cream.	10am-8pm	bernardcallebaut.com
The Cupcake Lounge	324	Sweet baked goodies and coffee	7:30am-9pm	thecupcakelounge.com
The Works	326	Gourmet burgers restaurant	11am-11pm	www.worksburger.com
The Savoy Brasserie	332	French dining	9am-1am	www.savoybrasserie.com
Gezellig	337	Bistro dining, more pricey	lunch/dinner hrs	www.gezelligdining.ca
David's Tea	339	Over 150 teas	9:30am-8pm	www.davidstea.com
DANCE HALL	345			
Equator Coffee Westboro	421 Churchill -	Organic coffee shop/lounge, just across Richmond up Chruhchill	7am-9pm	equator.ca
Freshii	342	Health-minded, counter-serve chain offering salads, soups, burritos & more	10am-6pm (to 8pm Fri)	freshii.com/ca
Churchill's	356	Pub food - Lunch and dinner, beers	11:30am-2am	www.churchillsottawa.com
Pure Kitchen	357	Vegetarian/vegan and a juice bar too	9am-10pm	www.purekitchenottawa.com
Quelque Chose Macaron Boutique	379	Bakery, lunches too. Can grab a meal to bring to the dance hall.	10am-7pm	quelque-chose.ca
Baker St. Cafe	385	Breakfast, brunch very popular	7:30am-3pm	
Piggy Market	400 Winston -	off Richmond Rd - Deli, lunch	7am-7pm	www.thepiggymarket.com
Dairy Queen	393A	Soft ice-cream and fast food meals	10am-10pm	www.dairyqueen.com/ca-en
Barley Mow	399	Pub/restauarant, lunch & dinner	10am-2am	www.barleymow.com/westboro
Clocktower Pub	418	Brewpub, pub menu	10am-midnight	www.clocktower.ca
Starbucks	421	Coffee etc	6am-11pm	
Chez Francois - Plaisirs de Provence	427	French store with breakfast and lunch options	8am-6pm	www.plaisirsdeprovence.com
Bridgehead	440	Coffee, muffins,soup,sandwiches	6:30am - 10pm	www.bridgehead.ca

The following are nearby

The following is 5 min. by car - continue east on Richmond, becomes Wellington.				
The Table	1230 Wellington -	Vegetarian buffet	11:30am-9pm	www.thetablerestaurant.com
The following is north 2 blocks on Churchill - 5min. walk				
The Newport	322 Churchill -	Diner, American, pizza	6am-10pm	newportrestaurant.com